

# BIG ADVENTURES FOR LITTLE FEET PACKING CHECKLIST

## Essentials

- Passports and any visas
- Travel Insurance
- Travel documents (digital)
- Medications
- Small travel purse (drivers license, bank cards)
- Camera
- Chargers, travel adapters
- Suitcase/backpack
- Day bag
- Small first aid kit
- Sunglasses
- Mobile phone
- Small sarong/s - use as beach towels, plane or picnic blanket
- Dry bags (water activities)
- Refillable water bottle/s
- Reusable shopping bag (foldable)
- TSA locks for bags
- Packing cells (awesome for separating each person's stuff!)
- Anything destination specific - ie. mosquito nets for Africa

## NOTES

# THINGS TO CONSIDER

## ADJUST TO SUIT YOUR DESTINATION

### Travelling with babies/toddlers

- Nappies
- Wipes and travel tissues
- Disposable bibs
- Portable change mat/small towel
- Baby blanket
- Comforter toys
- Hats/beanies
- Floor blanket
- Travel cot with sheet/grobags etc
- Pram (lightweight/travel buggy)
- Swim nappies
- Portable high chair
- Bottles (Sterilising tablets, container, bottle brush)
- Formula
- Sippy cup
- Snacks/food if needed for destination
- Any regular medications plus syringe
- Nappy bags (odour eliminating)
- Bath wash Skin cream
- Nappy cream

### Travelling with older children

- Travel activities - colouring, card games, sticker books
- Kids camera
- Journal/travel diary
- Their own backpack
- Destination specific - ie. snorkel?

### Parents - general

- Toiletries
- Sunscreen
- Jumper, coat, rain jacket
- Beanie/hat
- Exercise clothing
- Underwear and socks
- Nice set going out clothes
- Runners/boots/hiking shoes
- Sandals/thongs
- Tshirts/singlets/LS tops
- Shorts/Skirts/Pants
- Swimmers/rash vests
- Pyjamas